[附件3] 107年健康促進學校國際認證 - 國際認證委員手冊



2018 International Accreditation of Health Promoting School

INTERNATIONAL COMMITTEE MEMBERS GUIDEBOOK

Organized By : Health Promotion Administration, Ministry of Health and Welfare

K-12 Education Administration, Ministry of Education

Implemented By : Department of Public Health, Fu Jen Catholic University

02

Health Promoting School International Accreditation Center

October, 2018

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SCHEDULE FOR TAIWAN VISIT: WEEK 1

DATE	TIME	EVENT	VENUE
Sunday, October 14		Arrive and preparation	
Monday,	Morning	Work team meeting	Room MD 355, Fu-Jen Catholic University
October 15	Afternoon	Consensus meeting	Room MD 355, Fu-Jen Catholic University
Tuesday,	Morning	Gold medal candidate schools on-site visit	Chiayi County Jing-Pu Elementary School
October 16	Afternoon	Gold medal candidate schools on-site visit	Yunlin County Lian-Shi Elementary School
Wednesday,	Morning	Writing seminar	Room MD 355, Fu-Jen Catholic University
October 17	Afternoon	Writing seminar & video shoot	Room MD 355, Fu-Jen Catholic University
	Morning	Gold medal candidate schools on-site visit	Hsinchu County Bei-Pu Elementary School
Thursday, October 18	Afternoon	Work team meeting	Just sleep Hotel
	Dinner	Welcome party	Malaya Restaurant
Friday,	Morning	Meeting with HPA	Health Promotion Administration
October 19	Afternoon	Writing seminar	To be confirmed
Saturday,	Morning	Work team meeting	To be confirmed
October 20	Afternoon	Work team meeting	To be confirmed

Prof. St Leger & Prof. Jourdan & Amelia/Vera

SCHEDULE FOR TAIWAN VISIT: WEEK 2

DATE	TIME	EVENT	VENUE
Monday, October 21		Arrive and preparation	
Monday, October 22		Work team meeting	
Tuesday,	Morning	Work team meeting & video shoot	Room MD 355, Fu-Jen Catholic University
October 23	Afternoon	Consensus meeting	Room MD 355, Fu-Jen Catholic University
Wednesday, October 24	Morning	Preparation	Just sleep Hotel
	Afternoon	Gold medal candidate schools on-site visit	Tainan Municipal Sin-Jia Elementary School
	Morning	Gold medal candidate schools on-site visit	Chiayi County Pu-Zih Junior High School
Thursday, October 25	Afternoon	Writing seminar	To be confirmed
	Dinner	Discussion with HPA	To be confirmed
Friday,	Morning	Writing seminar	Room MD 355, Fu-Jen Catholic University
October 26	Lunch	Work team meeting	Room MD 355, Fu-Jen Catholic University

Prof. Lee & Prof. Kay

THE FLOWCHART FOR 2018 HEALTH PROMOTING SCHOOL ACCREDITATION



Time	Duration	Work Items	Key Points
[M] 09:00-09:10 [A] 13:30-13:40	10 min.	Consensus meeting: procedural discussion	Work and discussion of this visit, and select the interview representatives
[M] 09:10-09:20 [A] 13:40-13:50	10 min.	Introduction	Introducing the team members respectively
[M] 09:20-09:40 [A] 13:50-14:10	20 min.	Briefing	The school principal shall introduce the current situation of health-promoting development in the school they will visit according to the 6 main elements.
[M] 09:40-10:30 [A] 14:10-15:00 50 min. Interview		Interview	 Interview the students, teachers, staffs and parent's representatives 3-5 students 1 staff 1 teacher 1-2 parent representatives
[M] 10:30-11:00 [A] 15:00-15:30 30 min. On-site visit		On-site visit	 Visit the campus and the related facilities Campus greening and beautification Health promotion facilitating equipment or facilities Precautions and safety measures Healthy learning atmosphere and environment Health center
[M] 11:00-11:30 [A] 15:30-16:0030 min.Consensus meeting: discussion and drafting recommendations		discussion and drafting	Discussing and drafting the visiting recommendations
[M] 11:30-12:00 [A] 16:00-16:30	30 min.	Panel Feedback and Recommendations	Giving feedback to the visiting school

ON-SITE VISIT PROCEDURE

*M=Morning session; A=Afternoon session

*Actual visit time can be adjusted in accordance with the time schedule of the visiting day

THE CORE ELEMENTS FOR 2018 HEALTH PROMOTINSCHOOL ACCREDITATION

1-1-1	The school formulates a comprehensive school health program based on its
	needs.
1-2-1	The school has implemented an evidence-based health promotion program
	according to its main health issues as well as education needs of students
	and staff.
4-1-1	Health education curriculum is life skills-oriented.
5-2-1	The school is actively engaged with community resources for health
	promotion activities.

2018 HEALTH PROMOTING SCHOOL ACCREDITATION ELEMENTS

Note: X marking for Core Element; Gray marking for on-site visit Standard 1. Healthy School Policies (18 points; 12 points for document review, 6 points for on-site visit)

Component 1-1 The position of health education and health promotion in school (8 points)

Elements and Measurement items	Score for Document review	Score for School on-site visit
%1-1-1 The school formulates a comprehensive school health program based		
on its needs.		
 Develop a health promotion school implementation program according to school needs. Yes O No 		
 The implementation program of the health promotion school is approved by the school assembly. Yes O No 		
 Health promotion school implementation program staffing includes representatives of the school faculty and staff members, students and parents. Yes O No 	4	-
 4. The school allocates funding for the health promotion program. ○ Yes ○ No 		
[Reference Materials]		
* Implementation plan (must include a budget table) and relevant meeting minutes		
(must include a sign-in sheet)		
1-1-2 A working group or committee is set up to plan, implement, coordinate		
and monitor the school's health promotion policy.		
\bigcirc Fully achieved \bigcirc Partially achieved \bigcirc No	2	-
[Reference Materials]		
* School Health Committee meeting minutes (must include a sign-in sheet)		
1-1-3 The school faculty and staff participate in training or learning activities		
related to school health promotion or preventive health care. ○ Fully achieved ○ Partially achieved ○ No		
[Reference Materials]		
Training hours of teachers and staff (including substitute teachers)	2	-
[Further Explanation]		
* The themes of on-the-job training or learning activities should be related to		
"environmental protection," "safety or disaster prevention," or "personal health."		
For example: prevention and control of areca (betel) nut and tobacco use, healthy		
weight, oral care, healthy diet, eye care, sex education (including AIDS		

prevention), universal health insurance (including medication safety), mental	
health, safety and disaster prevention education, first-aid, environmental	
education, occupational safety and health, prevention and control of infectious	
diseases, and drinking water safety.	

Component 1-2 The school has implemented an evidence-based health policy. (10 points)

Elements and Measurement items	Score for Document review	Score for School on-site visit
 *1-2-1 The school has implemented an evidence-based health promotion program according to its main health issues as well as education needs of students and staff. [For both document review and on-site visit indicator-interview] Please check all the apply: Issues that are being advocated at your school: Prevention and control of areca (betel) nut and tobacco use Healthy weight (healthy diet and physical activity) Oral health Eye care Universal health insurance (including proper medication use) Sex education (including AIDS prevention) Drug abuse prevention and control Safety education and first-aid Mental health Others: Oronote an have health promotion specific outcomes. Fully achieved Partially achieved No Reference Materials] * Program outcome report (needs assessment, program objective, organization member, implementation strategy, specific outcome [before and after health figures], and improvement strategy 	4	2
 4. Principal's commitment and support [On-site visit indicator-interview] Great O Average O No 5. Cross-functional collaboration [On-site visit indicator-interview] O Great O Average O No 	-	4

Standard 2. School's Physical Environment (15 points; 7 points for document review, 8 points for on-site visit)

Component 2-1 The school provides a safe environment. (5 points)

Elements and Measurement items		Score for School on-site visit
2-1-1 The school ensures safety of equipment and facilities, and all relevant		
personnel know how to use them properly.		
1. Education or training for operators of equipment and facilities		
\bigcirc Yes \bigcirc No		
2. Maintenance and improvement of school facilities and equipment		
A. Maintenance related records		
\bigcirc Yes \bigcirc No	3	-
B. Improvements of substandard facilities and equipment		
\bigcirc Yes, facilities and equipment were improved or have met safety		
standards. O No		
[Reference Materials]		
* School facility and equipment inspection and improvement record		
2-1-2 The school has a system in place for the management of emergencies		
and natural disasters, including in the event of an earthquake, fire,		
typhoon or mudslide.		
1. Disaster prevention plan	2	-
\bigcirc Yes \bigcirc No		
2. Drill process record		
\bigcirc Yes \bigcirc No		

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Component 2-2 The school endeavors to enrich learning by ensuring the physical conditions are the best they can be. (10 points)

Elements and Measurement items	Score for Document review	Score for School on-site visit
2-2-1 The school regularly maintains the safety and hygiene of drinking water		
equipment.		
1. There are measures in place for the management of drinking water equipment.		
\bigcirc Yes \bigcirc No		
2. Regular replacement of equipment and water quality inspection records, and		
maintenance of drinking water hygiene (such as regular cleaning of water	2	
towers, pools and drinking water quality inspections)		
\bigcirc Yes \bigcirc No		
[Reference Materials]		
* Drinking water equipment management measures and inspection record		
2-2-2 The school sets up suitable equipment and facilities. [On-site visit		
indicator-interview & observation]		
1. The school ensures that food sold or supplied on campus boosts a healthy diet.		
\bigcirc Great \bigcirc Average \bigcirc No		
2. The school maintains a clean campus and green landscaping.		
\bigcirc Great \bigcirc Average \bigcirc No		0
3. The school sets up special safety protection facilities to reduce accidents and	-	8
injuries (examples to be provided by the school).		
\bigcirc Great \bigcirc Average \bigcirc No		
4. The school sets up special equipment and facilities for the purpose of health		
promotion (examples to be provided by the school).		
\bigcirc Great \bigcirc Average \bigcirc No		

Standard 3. School's Social Environment (18 points; 10 points for document review, 8 points for on-site visit)

Component 3-1 The extent to which schools have the capacity to meet the learning environment for mental health promotion and social well-being (14 points)

Elements and Measurement items	Score for Document review	Score for School on-site visit
3-1-1 The school creates a warm, friendly and supportive atmosphere.		
[On-site visit indicator-Observation and interview]		
 The school creates an environment that facilitates healthy learning (such as texts, images or symbols of encouragement). Great Average No The school creates a warm and friendly learning atmosphere (such as teacherstudent interactions, interactions among students). Great Average No Great Average No A friendly working atmosphere in the school Great Average No 	-	6
3-1-2 The school environment is supportive of mental health and social		
 needs. 1. The school provides assessment of students' mental health on campus, such as interpersonal relationships, gender relations, school stress management, campus bullying or violence prevention. ○ Yes ○ No 2. The school holds activities related to mental health promotion according to the assessment of current conditions. ○ Great ○ Average ○ No 3. Evaluation of implementation outcomes ○ Yes ○ No 【Reference Materials】 * Assessment of mental health (for example, a campus life questionnaire or related supporting documents), process record and outcome report 	4	-
3-1-3 The school has established the do's and don'ts for a healthy lifestyle or		
 a reward system to encourage students to practice healthy behaviors. 1. There are rules for a healthy lifestyle in place. ○ Yes ○ No 2. Reward system ○ Yes ○ No 	2	-
 [Further Explanation] * The rules for a healthy lifestyle can be drawn up by the school or each class. * The reward system must be set by the school. 		

B. By following the do	s's and don'ts for healthy lifestyle, students can practice		[]
healthy behaviors.	[On-site visit indicator-interview]	-	2
\bigcirc Great \bigcirc Avera	age O No		

Component 3-2 The school provides a system in place and carries out appropriate actions to facilitate students with special needs. (4 points)

Elements and Measurement items	Score for Document review	Score for School on-site visit
3-2-1 The school has a system in place and carries out appropriate actions to		
facilitate students with special needs.		
1. Vulnerable groups		
[In accordance with Standard II regulations of Educational Priority Areas		
(EPAs), including low-income households, grandparenting, single-parent		
family (foster family), family with a big age gap between parents and		
children, and children of immigrant residents]		
A. Measures in place		
\bigcirc Yes \bigcirc No		
B. Care and assistance for disadvantaged groups (can also include		
multicultural guidance and assistance)	4	-
\bigcirc Yes \bigcirc No		
2. Assistance for students with special needs		
[Subject to special education law]		
A. Measures in place		
○ Yes ○ No		
B. Assistance for students with special needs		
\bigcirc Yes \bigcirc No		
[Further Explanation]		
* Measures for providing care and assistance for disadvantaged groups and		
students with special needs, and process record.		

Standard 4. Action Competencies for Healthy Living (18points; 15points for document review, 3 points for on-site visit)

Component 4-1 The school provides a comprehensive health education program that is life-skill oriented. (11 points)

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Elements and Measurement items	Score for Document review	Score for School on-site visit
%4-1-1 Health education curriculum is life skills-oriented.		
1. Health education teachers design life skills-based lesson plans.		
\bigcirc Fully achieved \bigcirc Partially achieved \bigcirc No		
[Reference Materials]		
* Life skills-oriented lesson plans (Each health education teacher provides at least		
one unit.)		
[Further Explanation]	2	
* Life skills may include any one of the following topics: emotional abilities (self- awareness, emotional adjustment, stress resistance, self-monitoring, goal setting); interpersonal skills (empathy, cooperation and teamwork, interpersonal	3	-
communication skills, advocacy ability, negotiation skills, refusal skills); cognitive		
skills (making decisions, critical thinking, problem solving). Health-related skills		
(such as brushing teeth) are inapplicable and will not receive any point.		
[Scoring Instructions]		
* 3 points= Reach two ; 2 points= Reach one ; 0 point=None		
2. Teaching records of Health education teachers		
[On-site visit indicator-documents review, interview]		
\bigcirc Fully achieved \bigcirc Partially achieved \bigcirc No	-	2
[Reference Materials]		
* Teaching portfolio (including teaching materials and worksheets)		

 4-1-2. Health education curriculum design includes diverse teaching approaches and strategies. 1. Health education curriculum includes teaching activities that are linked to community living experiences. O Fully achieved O Partially achieved O No 【Reference Materials】 * Design of teaching activities that are linked to community living experiences (Each health education teacher provides at least one unit.) 【 Scoring Instructions 】 * 3 points= Fully achieved ; 2 points= Partially achieved ; 0 point=None 	4	_
 2. Health education topics include interdisciplinary learning activities. O Yes O No 【Reference Materials】 * Design of interdisciplinary teaching activities 		
 4-1-3 The school arranges the health education course according to course requirements set by the Ministry of Education, and there is at least one class per week. [Both for documents review and on-site visit - interview] Yes O No (Reference Materials] * Class schedules or teaching journals for each grade 	1	1

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Elements and Measurement items	Score for Document review	Score for School on-site visit
[4-2-1 For junior high school and high school]		
Health education teachers have acquired professional competence and skills		
in health education program.		
A. Percentage of Health education teachers with licences and certificates)		
\bigcirc A=100% \bigcirc 100%>A \ge 50% \bigcirc A<50% \bigcirc A=0%		
B. Item B is applicable when the school can provide proof that it is not able to hire		
any full-time health education teacher (for example, insufficient class number or		
some other special reason), and the proof is confirmed by a Central Accreditation		
Committee member.		
Health education teachers attend on-the-job training and professional development		
and receive at least 18 hours of training in school health every two school years.		
\bigcirc Fully achieved \bigcirc Partially achieved \bigcirc No		
[Reference Materials]		
A. Health education certificate of Health education teachers or health and nursing	7	-
teachers (including formal, substitute and part-time teachers)		
B. The school is required to list the number of classes and the number of Health		
education teachers, accompanied by a list of the seniority of each health education		
teacher serving as a health instructor and their participation in health-related		
training. (The school should provide proof of each teacher's attendance in further		
training to verify and the number of training hours and the training content.) Based		
on the 2016 school year, training hours are counted between August 1, 2015 and		
July 31, 2017.		
[Scoring Instructions]		
A. 7 points=A=100%; 5 points=100%> A \ge 50%; 3 points= A<50; 0 2 =0%		
B. 5 points=Fully achieved ; 3 points=Partially achieved ; 0 point=none		

Component 4-2 The faculty and staff are well prepared to provide health education. (7 points)

[4-2-1 For elementary school]	
Health education teachers attend on-the-job training and professional	
development and receive at least 18 hours of training in school health every	
two school years.	
(A = Percentage of Health education teachers meeting the minimum number of	
hours of on-the-job training) $\bigcirc A = 500() + 500() + 00()$	
$\bigcirc A=100\% \bigcirc 100\% > A \ge 50\% \bigcirc A < 50\% \bigcirc A=0\%$	
[Reference Materials]	
* The school is required to list the number of classes and the number of Health	
education teachers, accompanied by a list of the seniority of each health education	
teacher (including formal, substitute and part-time teachers) serving as a health	
instructor and their participation in health-related training. (The school should	
provide proof of each teacher's attendance in further training to verify and the	
number of training hours and the training content.)	
[Further Explanation]	
* Training topics must be about health education and related to health and physical	
education or health and nursing.	
* Based on the 2016 school year, training hours are counted between August 1,	
2015 and July 31, 2017.	
* According to Article 17 of School Health Act and Article 13 of the Act's	
enforcement rules:	
Those who have completed 2 school years of teaching must attend at least 18 hours of training.	
Those who have completed 1 school year but less than 2 school years of	
teaching must attend at least 12 hours of training.	
Those who have completed 1 semester but less than 1 school year of teaching	
must attend at least 6 hours of training.	
\diamond Those who have not completed one semester of teaching are not required to	
provide proof of further training.	
[Cooring Instructions]	
[Scoring Instructions] * 7 points = $A = 100\%$: 5 points = 100% $A > 50\%$: 3 points = $A < 50$: 0 point	
* 7 points = A=100% ; 5 points =100% > A \geq 50% ; 3 points = A<50 ; 0 point =0%	

Standard 5. Community Links (15 points; 10points for document review, 5 points for on-site visit)

Component 5-1 The school is actively engaged with the local community. (8 points)

Elements and Measurement items	Score for Document review	Score for School on-site visit
5-1-1 The school organizes and invites parents and community members to participate in health promotion related activities. [For both document		
review and on-site visit indicator-interview		
 Parents participate in the school's health promotion related activities. Yes O No 		
 2. Community members participate in the school's health promotion related activities. O Yes O No 	3	3
 3. Parents participate in health-related programs or activities organized by the school. O Yes O No 		
【Reference Materials】 * Activity outcome record (including activity plan and process record)		
5-1-2 The school district has a safety watch network and friendly security		
assistance measures. O Great O Average O No		
[Reference Materials]	2	_
* Relevant specific materials (for example, cooperation with surrounding shops, parents or a traffic service team assisting students to go to and leave school safely, or a joint safeguard mechanism with the police or an extramural guidance association for students.		

Elements and Measurement items	Score for Document review	Score for School on-site visit
%5-2-1 The school is actively engaged with ccommunity resources for health		
promotion activities. (Such as healthy physical fitness, smoke-free		
campus, oral health care, vision care, sex education, proper use of		
medicine, etc.) 【For both document review and on-site visit indicator-		
interview]		
1. The school takes advantage of the resources provided by local public health units for health promotion activities.		
O Yes ONo		
 The school works with local NGOs to organize health promotion activities. OYes ONo 		
3. The school works with the government's health units to organize health promotion activities.		
OYes ONo	5	2
[Reference Materials]		
* Activity outcome record (including relevant proposal and process record)		
* Resources from the health unit, such as pamphlets or specialized human resources)		
* Health promotion activities may include: physical activity, healthy diet, healthy		
weight, oral and eye care, tobacco use prevention and control, tests on high		
blood pressure, high cholesterol and high blood sugar, or cancer screening.		
[Scoring Instructions]		
* 5 points= Reach two ; 3 points= Reach one ; 0 point=None		

Component 5-2 Community resources are linked to promote school health promotion activities. (7 points)

Standard 6. School Health Promotion and Protecting Services (16 points; 16 points for **document review**)

Component 6-1 Basic health services for faculty and staff (13 points)

Component 6-1 Basic health services for faculty and staff (13 points) Elements and Measurement items	Score for Document review	Score for School on-site visit
 6-1-1 School management of student health checkup (including primary and secondary vaccination) 1. Notice of student health checkup (or national vaccination) to parents (including an instructional brochure). ○ Yes ○ No 		
 Establish a list of students requiring corrective actions. Yes No Develop improvement strategies for students requiring corrective actions from their health checkup. 		
 O Fully achieved O Partially achieved O No 4. Sustained care and attention to students requiring corrective actions and follow up on a regular basis. O Yes O No 	5	-
[Reference Materials] * Notice of student health checkup to parents (including an instructional brochure) and notice of health checkup results * List of students requiring corrective actions, follow-up record, relevant		
 improvement plan and results of improvement 6-1-2 The school offers health services for faculty and staff. 1. Health checkup for faculty and staff. O Yes O No 		
 There are health promotion programs or clubs for faculty and staff. Yes O No There are activities to boost the physical and mental health of faculty and staff. Yes O No There are according a services of physical and mental health for faculty and staff. 		
 4. There are counseling services of physical and mental health for faculty and staff. O Yes O No 5. There are health promotion related equipment or facilities for faculty and staff. 	5	-
 C Equipment or facilities exclusive use for faculty and staff or hours of exclusive use O No [Reference Materials] * Measures governing faculty and staff health checkup * Process records of programs or clubs, relevant activities, and counseling services 		

6-1-3 Campus accident and injury monitoring and improvement		
1. Routine statistics of accidents and injuries		
\bigcirc Yes \bigcirc No		
2. Develop and implement improvement strategies		
\bigcirc Fully achieved \bigcirc Partially achieved \bigcirc No	3	-
[Reference Materials]		
* Accident and Injury statistics, improvement strategies and results		

Component 6-2 Improvement of functions of the health center (3 points)

Elements and Measurement items	Score for Document review	Score for School on-site visit
6-2-1 The school's health center facilities meet the respective standards set by		
the Ministry of Education.		
OFully achieved OPartially achieved ONo		
[Reference Materials]	2	-
* A inventory of equipment in the health center based on the standards stipulated		
by the Ministry of Health and Welfare, and the list must indicate "available,		
damaged or scrapped."		
6-2-2 There is a substitution system in place when the school nurse is on leave.		
\bigcirc Yes \bigcirc No		
	1	-
[Reference Materials]		
* Relevant measures governed by the personnel department.		

