

# 2025 Health Promoting Schools Feature Awards Program

Excellence Silver Award



## Dung-Guang Elementary School Beitun Dist. Taichung City

Helping students and teachers develop healthy habits and a love for the environment. We strive to create a safe, caring, and supportive school life.



"My Healthy Plate" Cooking Competition:  
Students learn to cook healthy meals.



Han River Birdwatching & Cleaning: Protecting  
nature while enjoying the outdoors.

## Nan-Hua Elementary School Nanhua Dist. Tainan City

Nanhua Little Tarzans - Happy, Healthy, and Energetic.  
We use our beautiful local environment to offer diverse classes  
that keep teachers and students active and relaxed.



Tarzan Cycling Course: Training  
both the body and mind.



Farm & Cooking class: Learning where food  
comes from by growing and cooking it ourselves.

## Changhua County Da-Cun Junior High School

Connecting with local culture to offer unique field trips and cycling activities. We focus on "whole-person" health to build a friendly and energetic campus.



The Principal leads students in jumping jacks and school exercises to make fitness a habit.



Interactive games (in English and Chinese) about brushing teeth, saying no to smoking, and balanced diets. Making "My Plate" a part of everyday life for better nutrition.



## Da-Pu Junior and Elementary School Dapu Township, Chiayi County

Da-Pu Health Go Go Go! We focus on a balanced mind and body through daily habits like proper tooth brushing, morning runs, and eye care.



Great health starts with clean teeth.



Exercise often and look at distant greenery to protect your eyes.

# Jhao-Men Elementary School

## Xinpu Township, Hsinchu County

Get Active, Jhao-Men! A Healthy and Sustainable Future. Our philosophy is to make health a part of life and live life through healthy habits.



**Health & Fitness Run:** An event where students, teachers, and parents all run together.



**Plum Harvesting:** A fun way to learn about food and farming by picking local plums.

